



optimum medical
support™

Training and education to Optimise patient care

Visit www.optimummedicalsupport.co.uk
to find out more.

What can **Optimum Medical Support** offer you?

- **Education and product training** by in house clinical team
- Male and female catheterisation **training animations**
- **Patient education** resource



Also available on DVD

- 1 The European Association of Urology Nurses (2012) Evidence Based Guidelines for Best Practice in Urology Healthcare. Catheterisation, Indwelling Catheters in Adults. Urethral and Suprapubic. Netherlands: The European Association of Urology Nurses
- 2 Muctar S. (1991) The importance of a lubricant in transurethral interventions. Urologie (B) 31: 153-155
- 3 Newman DK. (2010) Prevention and Management of Catheter-Associated UTIs. Infectious Disease Special Edition. P13-20. Available at http://www.idse.net/download/UTI_IDSE10_WM.pdf - Accessed 26th February 2015 NICE (2012)
- 4 National Institute for Health and Care Excellence (2012) Guidance 139. Infection: Prevention and Control of Healthcare-associated Infections in Primary and Community Care. London: National Institute for Health and Care Excellence; Available at www.nice.org.uk.
- 5 Mangnall J. (2012) Optilube Active. The role of lubricants in urinary catheterisation. British Journal of Community Nursing. Vol 17, No9. Pp 414-420



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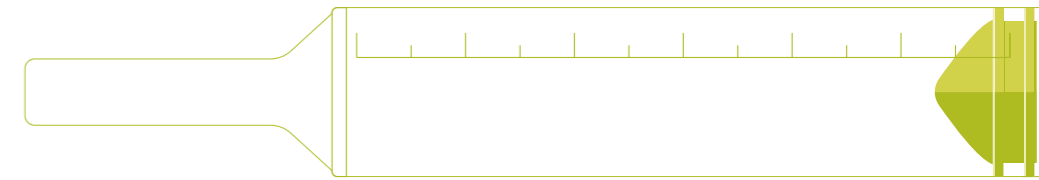
Company Registration No: 6779 83 OMS-OLA-105-Jan18



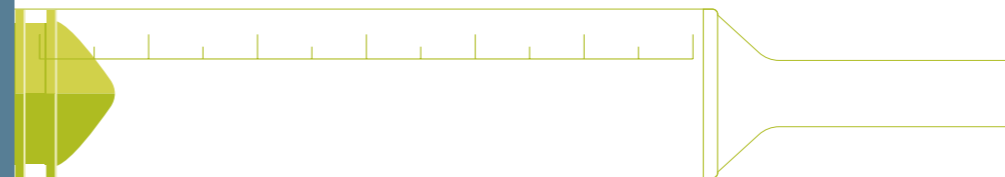
optilubeactive™

sterile lubricating jelly
with local anaesthetic (Lidocaine 2%)
and antiseptic (Chlorhexidine Gluconate 0.25%)

www.optimummedical.co.uk



Designed for optimum lubrication in
catheterisation procedures



www.optilubeactive.co.uk



optimummedical®

We listen to clinicians and patients

Individually wrapped for minimum handling, **OptiLube Active** sterile syringes help ensure the full length of the urethra is coated in lubricant and an aseptic procedure is achieved. **OptiLube Active** brings the added benefits of local anaesthetic (Lidocaine 2%) and antiseptic (Chlorhexidine Gluconate 0.25%) so it makes patients more comfortable during catheter insertion, and reduces the risk of infection.

OptiLube Active adheres to best practice guidelines:

"An appropriate sterile single-use syringe with lubricant should be used before catheter insertion to minimise urethral trauma, discomfort and infection." ¹ EAUN (2012)



Sterile lubricating jelly with local anaesthetic (Lidocaine 2%) and antiseptic (Chlorhexidine Gluconate 0.25%)

OM CODE	DESCRIPTION	INNER PACK	OUTER PACK
1160	OptiLube Active 6ml pre-filled syringe	Pack of 10	Case of 200
1161	OptiLube Active 11ml pre-filled syringe	Pack of 10	Case of 200

1 Reducing the risk of urethral trauma

"The syringe method of introducing lubricant into the urethra ensures dilation is achieved and that the sensitive urothelium is protected with an unbroken film of lubricant, protecting the urethra from trauma." ² Muctar (1991)

2 Reducing the risk of procedure-related infection

"Approximately 15% of CA-UTIs have been linked to poor aseptic techniques when cleansing the urinary meatus and inserting and maintaining the catheters." ³ Newman (2010)

3 Minimising pain and discomfort during the procedure

"Discomfort will be minimised by using an appropriate sterile, single-use lubricant or anaesthetic gel." ⁴ NICE (2012)

Provided in a familiar syringe format

"The packaging for **OptiLube Active** allows minimal syringe handling, supporting the clinician in maintaining a sterile field to carry out the procedure" ⁵ Joanne Mangnall (2012)



- Syringe falls easily from its protective tray, supporting an Aseptic Non Touch Technique when preparing a sterile field
- Manufacturing, expiry dates, and LOT numbers, on each syringe's tear-off strip are easy to retain for accurate recording
- Intuitive design, ideally suited for single-handed operation
- Easy-to-prime syringe for precise, controlled application
- Ergonomic design of the tip eliminates the risk of suction or damage to tissue
- Outer blister pack is rupture resistant and protects the syringe, even if stored outside original box
- Latex-free
- Available in 6ml and 11ml formats